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Keynote

Breakthrough Conversations: Are You Willing to Go First?

Description

Breakthrough conversations are the antidote to surface-level interactions. They're the key to making the difference you want to make as a leader.

Handled skillfully, even the most challenging conversations can become breakthrough moments that lead to creative solutions, stronger relationships, and more effective collaboration.

The stakes are high: without these skills, we default to our biological fight-flight-freeze reactions, compromising our effectiveness and settling for less than we're capable of achieving.

Learning Objectives

- **Initiate High-Stakes Conversations** - Practice 'going first' instead of waiting, avoiding, or letting critical issues fester.
- **Navigate Challenging Dialogue Skillfully** - Apply concrete techniques to stay present, grounded and productive when conversations get uncomfortable or contentious.
- **Turn Conflict into Breakthroughs** - Transform tough conversations into opportunities that generate creative solutions, deepen trust, and strengthen team effectiveness.

Testimonial

Dr. Chris helped us to uncover underlying trust issues we didn't think existed on our teams, and helped us create a future for the company, rather than staying in comfort. She has served as an excellent sounding board and advisor, especially in regard to change management.

— Dave Mooney, Former CEO, Alliant Credit Union

References

Nick Blawat, CEO, Value Added Food Sales, nick.blawat@gmail.com

Kimberly Townsend, President & CEO of Loretto Health & Rehab, kmtownsend63@gmail.com

